

Patient Instructions

ESOPHAGOGASTRODUODENOSCOPY

Your procedure is scheduled on: _____

Your arrival time is: _____

(Your arrival time may change up to the day before the procedure)

Location of procedure:

- Tahoe Forest Hospital, Main Lobby Entrance
10121 Pine Avenue, Truckee, CA
- Incline Village Community Hospital
880 Alder Avenue, Incline Village, NV

QUESTIONS? For more information on medication instructions, go to **TFHD.com** or call **(530) 582-3455** and leave a voicemail.

THE DAY BEFORE THE PROCEDURE: You may eat normally until midnight.

THE DAY OF THE PROCEDURE: CONSUME CLEAR LIQUIDS ONLY.

- Clear Fruit Juices
- Soft Drinks
- Clear Broth
- Popsicles
- Sports Drinks
- Coffee/Tea
- Gummy Bears
- Water

Stop taking any liquids **2 hours** prior to your arrival time, as indicated above.

If you are asthmatic, please bring your inhaler with you.

YOU MUST BRING A DRIVER WITH YOU. You will be legally impaired following your procedure and must not drive until the day after your procedure.

At _____ (2 hrs prior to arrival) **DO NOT drink, eat, or consume anything by mouth, INCLUDING WATER. NO gum, candy, ice or chewing tobacco.**

Take your prescription medications with a small sip of water.



TAHOE FOREST
HEALTH SYSTEM

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